

# Patrizia Garberi Curriculum Vitae

## PERSONAL INFORMATION

Name	PATRIZIA GARBERI
Address	3, VIA MOLINO A VENTO 57016 ROSIGNANO MARITTIMO ITALY
Telephone	+39 0586 761249                      Mobile +39 338 3407092
web	<a href="http://www.artimagery.it">www.artimagery.it</a>
E-mail	<a href="mailto:patriziagarberi@gmail.com">patriziagarberi@gmail.com</a> Skype: patrizia.garberi
Nationality	Italian
Date of Birth	Milan, September 12th, 1959
Gender	Femal
Italian	Native speaker
English	Cefr C1
French	Cefr A2

**Present Occupation**                      Licensed Psychologist, MindfulnessTeacher, Artist

## EDUCATION AND TRAINING

- **2014 - current**                      PhD student in Psychology and Cognitive Science, Doctoral School in Psychological Sciences  
University of Rome La Sapienza
- **2014**                      University of Rome La Sapienza, Department of Medicine and Psychology  
Master in "Mindfulness: Practice, Clinic and Neuroscience" Prof. A.Raffone
- **2010-2013**
  - Name and type of organisation                      University of Trento- Psychology and Cognitive Sciences department
  - Principal subjects                      Psychology Neuroscience
  - Title of qualification awarded                      Master degree 110/110 – Final Thesis "Study of a Interoceptive Sensitivity training as a method to influence self-awareness". Prof. C.Braun
- **2006-2010**
  - Name and type of organisation                      University of Trento
  - Principal subjects                      Cognitive Psychology
  - Title of qualification awarded                      Bachelor degree – Final Thesis "Administration by computer of the Raven test PM47 in patients with severe motor and language disability" Prof.ssa C.Finocchiaro
- **2000-2005**
  - Name and type of organisation                      ILTK Pomaia, Pisa
  - Principal subjects                      Full Time Masters Program in meditation and Buddhist Philosophy, class in English
  - Title of qualification awarded                      Certification of attendance and completion of the individual subjects
- **1977-1982**
  - Name and type of organisation                      Brera Academy of Fine Arts
  - Principal subjects                      Scenography- final thesis in Art History "A Brief History of Art and Science from Renaissance to Informal" Prof.ssa J.De Sanna
  - Title of qualification awarded                      Full degree 106/110
- **1980-1982**
  - Name and type of organisation                      Course of the Lombardy Region-Italy
  - Principal subjects                      Surgical Anatomy and Scientific Drawing, with internship at the S.Carlo hospital in Milano
  - Title of qualification awarded                      Certificate of attendance
- **1972-1976**
  - Name and type of organisation                      Art school Beato Angelico, Milan
  - Principal subjects                      Artistic studies to address architecture
  - Title of qualification awarded                      Full degree 56/60

## EDUCATION AND TRAINING

### OTHERS

- **2014**                      **Internship in Social Psychology** area at DiPSCo UniTn "Study of Illusions body and personality traits related to social interaction" Tutor Prof.F.Pavani Prof. M.Zampini (690 hours)
- **2013**                      **Internship in General Psychology** area at DiPSCo UniTn "Study of Interoception relations with Emotions" Tutor Prof.F.Pavani (686 hours)
- **2010**                      **Internship in Neuropsychological** area at Auxilium Vitae Volterra (Si) Department of Neurological Rehabilitation and severe brain injury. Tutor. Dr PhD F.Tomaiuolo (5 months)

- 2010 Mind and Life XX Conference Altruism and Compassion in Economic Systems: with H.H.Dalai Lama, Zurich
- 2009 Compassion and Neuroscience Conference Holy Island, with P.Gilbert and R.Nairn, Scotland UK
- 2009 Clinical applications of mindfulness, APC F.Didonna, Roma
- 2007 Introduction to John Kabat Zinn's MBSR for awareness practice, workshop with Florence Meleo Meyer, Roma
- 2006 "Emotions , illness , wellness" , the body-mind - spirit model in health and the experience of the Mind -Body Institute at Harvard Medical School, Bologna
- 2006-2008 Introductory seminar on " The Psycho-oncology Simonton method" with Ph.d.O.Carl Simonton, Milano and First and Second level of Psycho Oncology Method SCC
- 2004-2005 Formation course for staff Volunteer for home care for terminally ill, Ass. Palliative Care, Livorno
- 1983-1985 Enrollment and attendance of Master Degree in Biological Sciences, Milan (2 years of 5)
- 2006 to present Participation in continuing education seminars and workshops in neuropsychological assessment and rehabilitation, cognitive sciences, psychophysiology and clinical psychology (list at the end)

## WORK EXPERIENCE

### THEORETICAL EXPERIENTIAL INTERVENTIONS

- Since 2006
  - Type of business or sector Self employed
  - Occupation or position held Private practice of counselling and art therapy
- 2013
  - Name and address of the employer Library of Rovereto (Tn)
  - Type of business or sector Diary of memories for four hands built from couples of grandparents and grandchildren, inspired by art's book
  - Occupation or position held Teacher and facilitator
  - Main activities and responsibilities Meditation, imagery and art therapy during groups and individual meetings
- 2013
  - Name and address of the employer CEDRE-Cecina (Li)
  - Type of business or sector Theoretical experiential training course "Know, recognize and manage emotions"
  - Occupation or position held Teacher in Italian
  - Main activities and responsibilities Theoretical experiential teacher and facilitator
- 2012
  - Name and address of the employer Natural Reserve of Santa Luce
  - Type of business or sector Art and meditation in natural environment
  - Occupation or position held Teacher in Italian
  - Main activities and responsibilities Art education and meditation facilitator
- 2010-2011
  - Name and address of the employer ILTK, Pomaia (Pisa)
  - Type of business or sector Online course of the Masters Program 2008-2013
  - Occupation or position held Tutor of Italian class
  - Main activities and responsibilities Preparation of notes online and maintaining review classes in person
- 2005-2010
  - Name and address of the employer Kushi-Ling Centre in Arco di Trento, Ewam Centre in Florence, Green Tara Study Group in Leghorn, GheDen SceDrup Ling centre in Cremona
  - Type of business or sector Meditation workshops and seminars on personal growth
- 2006-2007
  - Name and address of the employer Public Health Care in Cecina and Rosignano
  - Type of business or sector Training for the activation of peer educators in high school
  - Occupation or position held Tutor in Italian
  - Main activities and responsibilities Meditation, imagery and art therapy during classroom training and counselling
- 2005
  - Name and address of the employer Nursery Neruda in Cecina, Livorno
  - Type of business or sector Classes of children aged 3,4 and 5 years
  - Occupation or position held Teacher in Italian
  - Main activities and responsibilities Relaxation techniques on breathing, Imagery and drawing
- 2005-2007
  - Name and address of the employer ILTK, Pomaia (Pisa)

- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

• 2003-2009

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

• 2005-2006

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

• 2004

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

## WORK EXPERIENCE

### ART

#### Since mid-90s to present

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

#### Since 1995 to present

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

#### 2012/2013

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

#### 2012/2013

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

#### 2010

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

• 2000-2003

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

• 1998-2003

- Name and address of the employer
  - Type of business or sector
  - Occupation or position held
- Main activities and responsibilities

## Personal growth

### Teacher in Italian

Meditation techniques and art therapy (4 residential group workshops 3/6 days)

### ILTK, Pomaia (Pisa)

Morning / forum on Buddhism for school students

### Teacher in Italian

Teachings and relaxation techniques on breathing, Imagery and drawing

### Ewam Buddhist Centre, Florence

Buddhist psychology - Lorig

### Teacher in Italian

weekly course for 2 years

### Amitaba Association, SPA Euganee Abano Terme

Meditation and Yoga

### Teacher in Italian

Meditation and Relaxation

### Self employed

Wall and canvas painting

### Artist

Private commissions and personal research

### Self employed

Art classes to private students

Teacher in Italian and English

Private art courses

### Accademia del Giglio, Florence

Plein air classes in front of the sea

Teacher in English

Art education

### Accademia del Giglio, Florence

Lifedrawing workshops

Teacher in English

Art education

### Municipality of Pontedera, 6th edition Giocalarte

Series of Art workshops

### Teacher

*Understanding the use and dissemination of contemporary art with the goal of familiarizing children, through concrete experience brought by professional artists, active manner and direct experimentation*

### Ass. Greenshades, UK

Art workshops

Teacher in English

*Groups landscape drawing and watercolor painting at Villa Palagione in Volterra*

### Accademia Italiana, Florence

Art classes in the postgraduate diploma and annual and biennial summer schools for adults.

Teacher in English and Italian

*Classes in the areas of Art and Graphic Arts (mixed media, visual perception, life drawing and model, artistic anatomy, painting techniques, geometric and perspective drawing, illustration and graphic design)*

• 2003

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

Chanapattana Institute - Accademia Italiana, Bangkok Thailand  
Art Workshops  
Teacher in English  
Teaching life drawing and human figure

• 2000

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

Public Secondary School, Elba Island (LI)  
Art workshops  
Teacher in Italian  
drawing and perception of natural forms for children

• 1981-2000

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

Self-employed, Milan  
Advertising and publishing  
Illustrator and Graphic freelance  
Creation and realization of illustrations in the fiction and non-fiction fields, mainly science and medical subjects

• 1978-1980

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

Photo Studio F & B in Milan  
Photography  
Set-assistant and art-buyers  
Assistant

## WORK EXPERIENCE

### VOLUNTEERING

• 1980-1982

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

CEIS, Milan  
Centre for rehabilitation from drugs addiction  
Maintenance of an artistic laboratory  
Weekly voluntary collaboration.

• 1982-1985

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

1982-1985  
Public Emergency Service  
Health care  
Volunteer and coordinator  
Service activities and coordination

• 1985-1986

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

LIPU, league for Bird Protection Milan  
Services in natural environments  
Volunteer  
Scientific observation of birds and assistance to tourists

• 2005-2006

- Name and address of the employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

Palliative Care Hospital of Livorno  
Health Care  
Volunteering  
Counselling

## CONFERENCE POSTERS

• 2014

Mazzurega, M., Occelli, V., Garberi, P., Esposito, G., & Zampini, M. (2014). Body representation and interpersonal socio affective factors: The enfacement illusion modulated by autistic-like traits. International Multisensory Research Forum, Amsterdam, The Netherlands, June, 11-14.

## ILLUSTRATIONS FOR SCIENTIFIC JOURNALS

E.Berti Riboli G.Reboa F.Cafiero, "**Criochirurgia**" - R.Cortina Editore, Milano 1983, all illustrations

P.Castano, "**Anatomia e fisiologia dell'uomo**" - collana per il personale paramedico - R.Cortina Editore, Milano 1983, all illustrations not from archive (80)

E.Bisiach S.Cappa G.Vallar, "**Guida all'esame neuropsicologico**" - R.Cortina Editore, Milano 1983, all illustrations

E.Berti Riboli G.Reboa G.Arnulfo, "**La mobilità dello stomaco e del duodeno**" - Lombardo Editore, Roma 1984, all illustrations

A.Scordamaglia G.Ciprandi M.Bagnasco G.W.Canonica, "**Risposta immunitaria e antibiotici**" - Editoriale Fernando Folini, Milano 1985, all illustrations

For the series "**Guardiamoci Intorno**", ed. Touring Club Italiano: "Il Bosco", 1984, with 5 illustrations "La Spiaggia", 1984, 2 illustrations, "Il Giardino", 1985, 4 illustrations, "Albero e siepe", 1986, 6 illustrations

P.Castano e altri, "**Anatomia umana per le facoltà di farmacia e di scienze**" - Edi Ermes, Milano 1986, almost 300 illustrations

E.Ferrario, "**Biomeccanica della masticazione**", Edi Ermes, Milano 1987, all illustrations

Ed. Theorema libri, "**Corso di scienze per la scuola media**", vol.unico, Gruppo d'Adamo Editore, Milano 1992, almost 70 illustrations

Biancotti, "**Biologia per gli istituti superiori**" De Agostini, 1994, almost 50 anatomical illustrations

G.Bertini, P. Danise, E. Franchini, "**Dire, fare, conoscere le scienze**" in three volumes for the secondary school , Gruppo Ugo Mursia Editore, Milano 1995, almost 180 illustrations

L.Tesio, A. Merlo, A. Raschi, "**Trazione lombare attiva**" SO.GE.COM editrice, Milano 1996, with 6 illustrations scientific-anatomical

Garzanti "**Enciclopedia medica in 6 CD ROM**" distributed attached to the magazine L'Espresso, Milan 1998, with eighty illustrations of anatomy

Many other publications and brochures on behalf of several pharmaceutical companies (**Bayer, Midy, Italfarmaco, Mediolanum, Ibi, Bracco, Tielle, Corvi** et others)

## ART WORKS

2003

Collaboration with the **Buzzi Hospital in Milan** in a project of humanization, environment planning and filter room décor in Neonatal Pathology Department, and realizing a serie of paintings to be exhibited permanently in the department.

1985

**Museum of Montepulciano Lake** (Poster explanatory of aquariums)

1984

**Natural History Museum of Milan** (production of various scientific explanatory illustrations for the windows and realization of one diorama)

## OTHER ILLUSTRATIONS

**Advertising companies:** Ted Bates, G&R S&H, Adval, Airon, Milano AD ed altre

**Customers :** Lazzaroni, Riva Cantù, Flex, Boffi, Vini i Santi , Sans Soucis, Nestlè, Saratoga, Thermore, Antica Erboristeria, L'Unità, Bayer, Midy, Italfarmaco, Mediolanum, Ibi, Bracco, Tielle, Corvi ed altri.

### Publishers

**Salve** ( RCS)

**Corriere medico e Medicina Illustrata** (Rizzoli)

**Oasis** (Musumeci)

## GROUP EXHIBITIONS

- 1986 Viaggio nel corpo umano, Palazzo Bagatti Valsecchi, Milano
- 1994 Estemporanea di pittura, Galleria La Danza Degli Specchi, Inzago
- 1996 2° Estemporanea "Via dell'Amore" a Manarola (SP), Premio Provincia
- 1996 Concorso-Ricerca ARTEANIMA 1- Fondazione Mazzucconi, Milano
- 1997 Fiera di Pordenone, a cura di Edoardo Di Mauro, Galleria VSV di Torino
- 1998 Esposizione docenti / studenti per l'inaugurazione del nuovo Spazio 3 dell'Accademia Italiana– Firenze
- 2006 Donne in Campo donne nell'Arte, spazio Microstoria Rosignano
- 2006 VI Estemporanea Bruno Cosimi, Livorno
- 2006 11° Concorso Nazionale Paese di Cardoso
- 2006 7° Estemporanea di Pittura Castagneto Carducci
- 2006 Omaggio Pop, Ecomuseo di Castellina (Pisa) dicembre
- 2006 Concorso Pittura Scultura Donoratico
- 2007 Concorso Pittura Scultura Donoratico
- 2008 posSESSO corpo e ossessioni, ArteForte Spazio eventi Mondadori, Venezia
- 2008 56 Rotonda di Ardenza , Livorno 2008

## SOLO EXHIBITIONS

- 1993 Ritratti, Bambino & Company, Milano
- 1996 Paesaggi Emozionali Armonici", Il Papavero, Milano
- 1996 Esposizione personale nel comune di Piazzatorre (BG)
- 1997 Corrispondenze Cosmiche e armonie naturali", Villa Mirabello, Parco di Monza (MI)
- 1997 I segreti della natura, Palazzo del Cinema, Venezia Lido,- 2°Congresso Internazionale di Astrologia del Cida.
- 1998 Visioni e Metamorfosi, Salone New Age Next Age, Lacchiarella
- 2003 Dipinti ed oggetti", Momoyama Artspace, Firenze
- 2007 Inner Landscapes", Associazione Castagneto Arte, Castagneto Carducci
- 2010 Arte e Benessere Interiore", Mitica India, Marina di Carrara

## LANGUAGE SKILLS

ENGLISH

IELTS - ACADEMIC FORMAT

CERTIFICATION 11 MAY 2013

**Overall Band 6.5 (CEFR C1-Cambridge CAE)**

**Listening 6.0 Reading 8.5 Writing 6.0 Speaking 6.0**

TEXT TRANSLATION FROM ENGLISH TO ITALIAN

CREATION AND MAINTENANCE OF **PERSONAL WEBSITE, AND OTHER BLOGS**, PRESENCE ON SOCIAL NETWORK .

GOOD KNOWLEDGE OF THE MAIN PROGRAMS OF **GRAPHICS PROCESSING AND GRAPHIC DESIGN**, ILLUSTRATION AND **PHOTO RETOUCH**, OPEN SOURCE AND PRIVATE SOFTWARE.

GOOD KNOWLEDGE OF PROCESSING PROGRAM STATISTICS **SPSS**.

GOOD KNOWLEDGE OF S.O. **WINDOWS (MODELS 98, 2000, XP, VISTA, W7)**;

## OTHER SKILLS

**CONTINUING EDUCATION IN  
COGNITIVE NEUROSCIENCE ,  
PSYCHOLOGY AND  
NEUROPSYCHOLOGY**  
(since 2010)

- **Attachment and Trauma** Congress, Rome, 19-21 September 2014, Istituto di Scienze Cognitive
- **Neuropsychology of Body Representation**, IRCSS S.Lucia Roma, 22May/23 2014
- **MMPI-2 RF**: introduction to the tests and collaborative clinical use, Winter School ASAG Milano, novembre 2013
- **RAW 2013**, Rovereto 24-26 ottobre 2013
- **Society for Psychophysiological Research, 53rd Annual Meeting**, Firenze 2-6 ottobre 2013
- **“Interpersonal Neurobiology workshop”** with **Daniel Siegel**, ISC Milano, 20/21 September 2013
- **ntres**,  
ass.It.Psicogeriatra 31 Maggio /1 Giugno 2013 - Pistoia
- **Body Representation and Eating Disorders**, Università di Udine, 19/20aprile 2013
- **XX National Congress of Italian Society of Psychophysiology SIPF, I.R.C.C.S. Ospedale San Camillo - Alberoni – Venice Lido**, 22-24 novembre 2012
- **“The construction of the alliance in the first session of the assessment of psychological consultation and with adults”** con **Stephen E.Finn**, **ASAG** – High School of Psychology Agostino Gemelli Milano, 6 ottobre 2012.
- **3rd International Congress on Clinical NeuroMusicology**, Brescia, September 21-22 2012
- **Workshop on Acalculia Rehabilitation**, I.R.C.C.S. Ospedale San Camillo - Alberoni - Lido of Venice – September, 15-16 2012
- **Work on shame in psychotherapy and psychology in assessment, workshops with Stephen E. Finn** , **ASAG** Milano 2012
- **Days of the Pisan Psychiatry and Clinical Psychopharmacology** By kronos in kairos: The ideal time for the care, Pisa, 2012
- **SIRN National Congress**, Milano 3/5 maggio 2012
- Seminario SPAN, **The neuropsychological interpretation of specific learning disorders**, Gubernale, Milano 2011 (8 ore)
- Codex Vitae, **“Science, ethics and law to meet the challenges of existence”**, Rovereto 2011
- Rovereto Attention Workshop 2011 **“Attention and objects”**, Rovereto 2011
- XX Congresso nazionale Airipa **“Learning disabilities”** Prato 2011
- Meeting **“Autism early screening and surveillance for the treatment”** IRCSS Stella Maris, Pisa 2011
- Meeting **“Tell, listen, understand. Methodology and scope of application of the narratives in the social sciences”**, Trento 2011
- 1st Festival of **Autobiography** Anghiari (Ar), 2011
- Concepts, Actions and Objects (**CAOs**), Rovereto 2011
- **XI National Congress SIRN**, Verona 2011
- Workshop C.S.A.P.R with Sara Mondini e Daniela Mapelli **“ The assessment and rehabilitation of dementia ”**, Prato 2011
- Workshop with Andrea Stracciari, **Neuropsychological assessment in forensic field** , Prato 2011
- Workshop with Elena Giachi, **Introduction to Clinical Neuropsychology**, Prato 2011
- **MEMOLING - Character and capacity of working memory and its interaction with the language**, Rovereto 2011